

I was hoping to write this book as a diary like the last one, but the day I tried to start it I woke up in my hotel room in Thailand with my eyes burning and my head completely numb. It was my own fault. I'd assumed the sachet on my bed in the hotel room was some kind of menthol stuff to put on the pillow to help me breathe more easily as I slept, but I later found out it was medical gel to ease aching leg muscles. It was at this point that I decided I wasn't in the right frame of mind to start a diary.

Looking back, it was no bad thing. I very rarely enjoy any of my trips at the time as my head is all over the place. I'm not always feeling my best, what with the flying and the throwing up and the stupid stuff that Ricky and Steve make me do. So the idea of writing the book once I was safe and sound and a bit happier back at home made sense. I've realised that coming back home is the best thing about going away in the first place.

This second set of trips was set up after a meeting with Ricky and Steve in their office. They came up with the idea of getting me to pick seven things that I would put on my Bucket List.

We'd actually had a similar conversation a few years ago as part of the podcasts. At the time, Ricky asked me what I want to do before I die and I said I wanted to kick a duck up the arse. It's just something I always have the urge to do when I see them sitting at the edge of a pond.

For the first series of *An Idiot Abroad* Ricky and Steve sent me round the world to see the Seven Wonders, hoping it would broaden my mind. This time it seemed like they were trying to flatten it.

'Come on. You can pick anything. Make your dreams come true! What about sky diving?' said Steve. 'That's a classic Bucket List experience.'

'Not for me it isn't. No. I'm not sky diving.'

'Bungee jumping?'

'Not a chance. Forget the whole idea.'

I've never been one for danger. I've done some daft things in my time like putting sausages in the toaster, and climbing out of the bathroom window to go and do my paper round when me mam hid the front door keys from me, 'cos she didn't want me going out delivering papers one bad winter. But they didn't really strike me as dangerous at the time, and they all served a purpose.

'Okay,' said Ricky. 'How about we make a big list and you can choose what you want to do from that?'

Introduction

In the end it felt like I was going to be in control, so I agreed.

This book tells the stories of the things I chose to do, plus the extra things that Ricky and Steve threw in along the way. That was the plan anyway, but when I sat down to write the book I realised that between the first series and the second series, the latest Christmas Special with Warwick Davis, and all the other random stuff I've done in my life, I've actually ticked off more than 60% of the Bucket List. I reckon that's got to be some sort of record. So in the end I've decided to write about all of them and also throw in an opinion or two on the remaining things on the list. Most of these are things that have never appealed, like:

This is when people have it away in the toilets on a plane. I guess this explains why there are always queues whenever I need the loo on a flight. I wish they'd use the system they use at the supermarket meat counter where they give you a ticket with a number on which the pilot could then read out when it's your turn to use the toilet. This has got to be safer than people stood queuing in the aisles.

Join the Mile High Club

I'm guessing here but I bet people only do the mile high club thing on the outward journey as after two weeks of being away with someone you're normally sick of them and would rather watch the inflight movie. Also it's the return journey when the toilets get blocked due to everyone having dodgy guts after eating foreign food. On my flight back from India there's no way anyone could have had a romantic moment in there after the state I left it in.

So that's the book. Sitting down to write it has been a nice way to sum up three years of travelling.

What follows is the original list of the 100 things I could choose from. As you can see, kicking a duck up the arse wasn't on it.

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100 Things to do before you die

- 1. Fly in a fighter jet
- 2. Climb Sydney Harbour Bridge
- 3. Spend a night on your own private desert island
- 4. Drive a Formula 1 Car
- 5. Ride the Rocky Mountaineer train in Canada
- 6. Fly in a helicopter over the Grand Canyon
- 7. See elephants in the wild
- 8. Explore Antarctica
- 9. Climb Mount Everest
- 10. Travel into space
- 11. Ride a camel to the Pyramids
- 12. Travel the Trans-Siberian Railway
- 13. Catch sunset over Ayers Rock
- 14. Go wing-walking on a bi-plane
- 15. Climb Mount Kilimanjaro
- 16. Come face-to-face with mountain gorillas in their natural habitat
- 17. Gamble in Las Vegas
- 18. See orang-utans in Borneo
- 19. Spot a polar bear on the ice
- 20. Swim with dolphins
- 21. Get into the Guinness Book of World Records
- 22. Watch a Sumo match
- 23. Drink a beer at Oktoberfest

- 24. Participate in La Tomatina festival in Spain
- 25. Cross a country on a bike
- 26. Master a musical instrument
- 27. Spend a night in a haunted house
- 28. Meet someone with your own name
- 29. Ride the world's biggest rollercoasters
- 30. Scuba dive at the Great Barrier Reef
- 31. Complete a bungee jump
- 32. Paraglide from a mountain
- 33. Go ice-climbing
- 34. Skydive from a plane
- 35. Experience base jumping
- 36. Meet the Dalai Lama
- 37. Research your family tree
- 38. Go up in a hot air balloon
- 39. Try a jet pack
- 40. See a space shuttle launch
- 41. Meet your idol
- 42. Cycle a leg of the Tour de France
- 43. See the northern lights
- 44. See the glaciers before they melt
- 45. Learn a martial art
- 46. Get a complete makeover
- 47. Learn another language
- 48. Drive a Cadillac along Route 66
- 49. Leave a job you hate

100 Things to do before you die

- 50. Become a vegetarian for a week
- 51. Stand at the North or South Pole
- 52. Visit every USA state
- 53. Be part of a flash mob
- 54. Visit the Seven Wonders of the World
- 55. Explore the Galapagos Islands
- 56. Spend the night in an igloo
- 57. Spend 24 hours in a jungle
- 58. Stand on the international date line
- 59. Learn to fly a plane
- 60. Go storm-chasing in Tornado Alley
- 61. Get a tattoo and/or piercing
- 62. Invent something
- 63. Ride something bigger than a horse
- 64. Build your own house
- 65. Skinny dip at midnight
- 66. Run a marathon
- 67. Join the Mile High Club
- 68. Be an extra in a film
- 69. Protest at a demonstration
- 70. Run with the bulls in Pamplona
- 71. Canoe up the Nile River
- 72. Continue your gene pool
- 73. Write a novel
- 74. Visit Angel Falls in Venezuela
- 75. Trek the Inca Trail on Machu Picchu
- 76. Climb Mount Fuji

- 77. Sleep under the stars
- 78. Ride in a gondola in Venice
- 79. Have lunch with the Queen of England
- 80. Walk the Great Wall of China
- 81. Do some charity work
- 82. Experience a full moon party
- 83. See Mount Rushmore
- 84. Go on an African safari
- 85. See the statues on Easter Island
- 86. Touch an iceberg
- 87. Shake hands with the Pope
- 88. Climb an active volcano
- 89. Go to Burning Man Festival in California
- 90. Partake in a Japanese tea ceremony
- 91. Float in the Dead Sea
- 92. Jump from a cliff into the sea
- 93. Swim the English Channel
- 94. Take part in a fire-walking ceremony
- 95. Drive or 'mush' a dog sled
- 96. Spend the Fourth of July in the USA
- 97. Go whale-watching
- 98. Live with the Masai people
- 99. See the wildebeest migration in the Masai Mara
- 100. Hunt with a tribe

